

# KAREN FOGARTY

Karen has been riding for over 40 years, and instructing for the past fifteen. She has taught at Trevalyn Farms, Greystone Manor Stables, and the Strasburg Polo Club. She currently has a student at Foals Paradise, and several at Foxfield Farm, for the benefit of Triangle Therapeutic Riding.

Karen's area of discipline is dressage. She has found that many hunter, pleasure, and Western riders benefit greatly from basic dressage principles. Over the years, Karen has worked with Gunner Ostergard, Major Giesler, Col. Kitts, Ludwig Stanik, Eke Van Velthiem, Richard Ullman, Utta Ruttgerber and Steve Johnson. All of these professionals worked in the classical philosophy of riding.

Karen enjoys working one-on-one with her students to give them confidence and a feel for the horse's movement.