

Triangle TR News

SUMMER 2016

INSIDE THIS ISSUE:

TTR Horse Show	1
Triangle Veterans	2
Volunteer Spotlight	3
What's Happening at TTR	4
Tribute to Blue	5

TTR 3rd Annual Horse Show Saturday—July 30th

Looking forward to seeing our TTR riders put on their best performance for drill team, equitation, trail obstacle course, dressage tests and ground pole division.

Volunteers needed for loading, side aiding, set up, parking, office help, announcers, ribbon runners, etc.
Please contact us if you are able to help.

Donors needed for bottled beverages, pre-packaged snacks, desserts, fruit & veggie trays, etc.

TTR expresses a big “thank you” to Tasha Plunket for judging again.

Come out to watch our students perform!



Our Mission is to improve the body, mind and spirit of people regardless of disability, through therapeutic riding and equine activities.

Triangle's Veterans Rock!

TTR is pleased to be actively continuing our Veterans Groups this year.....

Two Instructors from TTR will be attending a clinic that will focusing on working specifically with clients suffering from trauma and PTSD. With our growing programming for Veterans we hope to be able to take home some new techniques and activities. Our current Veterans Group has 8 participants that meet. We look forward to being able to better serve this group with continuing education from the clinic.

Due to the generous support from the Reinholds VFW and TTR, the Veterans learn how their behavior influences horse behavior, both mounted and unmounted. By learning horsemanship while working together as a team, the participants learn more about themselves and social relationships. We all look forward to working with future groups.

Many thanks to the Reinholds VFW for co-sponsoring this program with Triangle Therapeutic Riding. We also would like to thank Janel Grim—Peer Support Coordinator from the Lebanon VA Hospital staff and our many volunteers for their time!



Our Mission is to improve the body, mind and spirit of people regardless of disability, through therapeutic riding and equine activities.

VOLUNTEERS SPOTLIGHT



*TTR is blessed to have **many** wonderful dedicated volunteers. Over past 2 years we would like to mention some volunteers as they head off to future careers, graduation from high school, and graduation from college.*

Laura Zimmerman has completed over 200 hours of services from 2015 to present. She has been our horse prep leader and organizer during this time and we very grateful for leadership with the new incoming volunteers.

Karla High has completed over 150 hours of service this season. She is also one of our finest horse prep volunteers, exercise riders, and horse leaders!

Emily Sensenig has completed over 150 hours of service and is graduating from York Technical Institute for Veterinary Technician.

Ali Libby graduated as a Certified Nursing Assistant and Physical Therapy Assistant from Central Penn College and completed over 120 hours of volunteer service.

Kara Martin has completed over 100 hours of service from 2015 to present working with Karla as horse prep, exercise rider when needed, side walker and horse leader.

Amanda Sensenig has been with us for 2 years, and has over 100 hours. Amanda is great at keeping the flow of getting horses ready for lessons on Mondays now, but she is ready to step in as side walker or horse leader when needed.

Ashley Weidman had been with us for 7 years as a horse prep person, horse leader, exercise rider and side walker. She is now working as an Animal Technician for a research company. Last fall she adopted Little Bit (Serina's mom).

Alexa Willis has been with us 3 years as a horse prep person and leader. The last 2 years she has worked specifically with Christine on Duke coaching her along and encouraging her to do her best.

Lee Willis (Alexa's dad) has been side walking and assisting Alexa to get horses ready for lessons when she volunteers. We are so grateful to Lee for being a side walker not only because he is taller than us, but also because he can tell us funny stories of when our instructor Hope Stehr was his gym teacher!

Chad Luckenbaugh started volunteering 9 years ago. With too many hours too count over the past 9 years, he has completed EAGALA Horse Handler clinic work and is currently working for The Retreat Rehabilitation Center to assist the therapist with her sessions. Chad also works mornings for Stony Run Fields as barn staff.

****Corky Weber** has been with us for 10 years!! He truly deserves our best Golden Award for the tallest, strongest and most patient volunteer ever known to mankind.**



Our Mission is to improve the body, mind and spirit of people regardless of disability, through therapeutic riding and equine activities.

Save the date: September 25, 2016 Restaurant Faire at Lancaster Polo Club Planned

Last October TTR had a beautiful day at the Lancaster Polo Fields with some of the area's best restaurants. The Restaurant Faire included food tastings from The Black Horse Tavern, Mulberry Social, Jo Boys, The Federal Tap House, The Log Cabin, Caruso's Italian Restaurant and the White Swan. Fine food and beverages were enjoyed by many who ventured out to the Polo Fields. We look forward to having our second food event this upcoming fall. Tickets must be purchased to enter the Polo Field. A \$20.00 additional ticket is required to enter the food tent. If you like to sample fine food, this is the place to be! Hope to see you there.

Trail Project—Trail expansion to continue with help from local businesses and Girl Scouts

New trail activity sites are being planned for this summer (2016) as part of a Girl Scout Service Project for Hailey Christian, TTR Volunteer and Girl Scout. Colorful perennials, musical chimes, trail obstacles, and trail clearing through the woods are being planned. Hailey will need to help from volunteers to implement the plans on the trail. If you are interested in helping, please send an email with your information to

TriangleTR2005@gmail.com

Development Team is enlisting the support of local businesses

A big "Thank You" goes out to our development team that is doing great work. Wendy Klink, Sarah Nolt and Laura Rutledge are in charge of putting together a successful team approach to getting local businesses informed about Triangle Therapeutic Riding and what we do. Because of Wendy's careful heading up of the team and her planning, TTR has been able to receive much needed funding to support the Horse Care Fund, Sensory Trail Activity, and Rider Scholarships.

Triangle Therapeutic Riding would like acknowledge our contributors for the 2015-2016 Season

Blue Ribbon Sponsors

Ephrata National Bank
Reinholds VFW
Primitives by Kathy
JSL Mechanical
Keystone Nitewear Co.

Red Ribbon Sponsor

High Concrete Company LLC
Sharon McLeod
Mr. & Mrs. Sensenig
Mr. & Mrs. White
All Starr Consulting LLC
Emily Sensenig
Union Barrel Works

Yellow Ribbon Sponsors

Sheila Little
Mr. & Mrs. Van Dyke
Mr. & Mrs. Bowman
USA Gypsum
Denver Beer Distributor
Black Horse Tavern
Lancaster Polo Club
Federal Tap House
Log Cabin
Jo Boys

White Ribbon Sponsors

Pepperidge Farms
Weis Markets
Martins Potato Chips
Swiss Miss Products
The Water Guy

A Tribute to Blue.....

We said good bye to Blue April 1st. Shortly after his passing we had a brief rain shower with a rainbow that seemed to signify that he is now at peace waiting for his riders in heaven, clean and pure white ready to gallop the next trail. Blue had spent the last 11 years on medicine for Cushings Disease and was having complications associated with the disease. He will be missed by many. THANK YOU BLUE FOR YOUR MANY YEARS OF SERVICE. We love you!



*Somewhere under a bluer sky,
In a higher realm than where eagles fly
In a land of beauty beyond our knowing
With trees and flowers and water flowing
And mountains of unearthly grace
Our loving Lord has made a place
Where horses and ponies go their final miles
And are freed from all their earthly trials
And so, dear friends, each time you hear the thunder roll
It's just God and Blue out for their evening stroll.*

